

## An Extra Special Newsletter

### ENRICHMENT DAY 3rd DECEMBER

We had an amazing day on Tuesday, with so many different opportunities for our children to try. The whole day was packed with activities that could inspire ideas for hobbies or even future careers. We were lucky enough to have the police, a pilot, a baker, musicians, a nurse, an author, cricketers, a golfer and so much more. I was so proud to see our children embrace these opportunities and take risks with things that they had never tried before. I heard the excited claims of 'I did it' or 'Look what I made' all day, and it was lovely to hear them leave a workshop saying 'I want to be a photographer when I'm older', or 'I think I'd like to play the drums'. Here is a taste of what the day held for us with some added information should you wish to follow up on any of the workshops.

#### **Knitting:**

A huge thanks to Mrs O'Neil and Mrs Harrington for such a brilliant workshop. The children were taught how to create a basic stitch and found out what they could eventually end up making! As you can imagine, teaching one child to knit can be tricky, but to teach a whole group is miraculous!



#### **Golf:**

Mrs Dunmall inspired the children to play golf through sharing some key tips for a successful swing. The children were able to rehearse their moves and see how far they could hit the ball. I was very impressed with some of the swings that I saw—watch this space for the next Ryder Cup winner.

#### **Bread Making with cooking Pioneers**

The whole school smelt amazing as one of the workshops baked some delicious bread. They were able to learn about the processes involved in creating a loaf, and thought about healthy eating too. It was so great to see the loaves all lined up after they had been baked and I'm sure they were enjoyed once they were taken home—if they made it home! Thank you to Cooking Pioneers.



#### **Nursing**

Mrs Summers shared her nursing skills with groups of children throughout the day. They were able to use a stethoscope to hear their own heartbeat, think about healthy bodies and they even used an orange and teaching needles to practise giving an injection. It was lovely to see the awe and wonder on their faces as they heard their own heartbeat and I know Mrs Summers was incredibly impressed by the children's knowledge and concentration.

## Music Workshop:

Local music teaching school **Music Station** ran a fantastic workshop for us. The children were able to explore a range of music styles and have a go at drums, guitar and keyboard. The children were fantastic and Mrs Haffenden, who was working with them, commented on the hidden talent that many had.

MusicStation is delighted to be able to offer music lessons at Capel Primary. Lessons can include ukulele, guitar, keyboards, drums and singing. Each 1 hour MusicStation workshop will offer:

- Demonstration of the instruments.
- Opportunities to try out the instruments.
- Live band performances.
- Lots of fun! The emphasis is on enjoyment – learning can and should be fun!
- Lessons are designed to make fast progress in small steps.
- With highly trained rock & pop specialist teachers, all working musicians (fully DBS checked) up-to-date music industry knowledge and experience.
- All learning is based around popular songs from classic and new artists.
- Tuition which promotes all-round musicianship, ear-training, improvisation and creativity, as well as knowledge of popular music styles.
- Full support for home practice including video play-alongs, printable PDFs and online materials.
- Our successful small group (up to 6 students per group) tuition method has been tried and tested by thousands of students.
- Excellent exam success.
- Students are carefully streamed by age and ability.
- Price is lowered considerably by teaching in small groups (only £11.25).
- Lessons are booked in half-term blocks by our dedicated admin team.
- Expert advice on instruments/ equipment, and special deals available.
- Free MusicStation Practice Diary for all students.

You can also have lessons after school at our centres in Tonbridge and Tunbridge Wells. We would love to see all children learning an instrument!



## Police Search and Rescue

It was very busy on the field as we were visited by some police officers and their vehicles. The workshops taught the children about the type of work that the police do, the clothing they wear and the skills they might need. Many of the children were surprised by the range of jobs within the police and some were able to talk more specifically about what type of career within the police that they might like. We really appreciate the resources and time that were given to us—Thank you.

## Become an author:

Our children were thrilled to listen to Betty as she talked about her writing process and shared the secrets of successful book writing. The group shared their ideas and practised being more selective with their words. I hope any aspiring authors were motivated to go home and start their very first novel—what a great addition to our library that would be. Thank you.



## Photography:

The group really considered what makes the perfect photograph. They thought about lighting, composition and themes. They also explored how cameras have changed over time and the impact that this has had on the way we take and use photos. Big cheesy smiles to Emma for making it all possible.

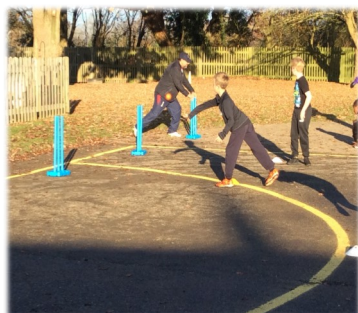


### Drama:

Unfortunately, Stagecoach were unable to attend on the day due to unforeseen circumstances, but our wonderful Mrs Lee stepped in to ensure we still had high quality drama workshop. The children worked hard to consider the ways to express emotions, used hats to perfect characterisations and used film characters to practise using different tones and gestures. The children engaged beautifully and really impressed Mrs Lee. Stagecoach are hoping to join us soon to work with our students.



### Capel Cricket Club:



Huge thanks to three members of Capel Cricket Club for providing a brilliant cricketing workshop. It was a very popular choice with the children, and due to the expert coaching they received, it was very clear that they made fantastic progress within their session. The coaches were so impressed with the talent that they saw—they're always looking for new members, so why not give it a go.

[capelcricket.co.uk](http://capelcricket.co.uk)



### Table Decorations:

The festive feeling really came alive with the creation of these brilliant centre pieces. Both Mrs Strawson and Mrs Smith helped the children to design and make some beautiful arrangements. Our older children, once again, showed their nurturing side as they supported our younger children, and all had a brilliant time. Thank you to Mrs Strawson.



### Geocaching

Mrs Pemble led an exciting workshop that taught the children about maps and grid references. It was fun to see them on their hunt around the school and they were so happy when they found their treasures. The workshop was a firm favourite with many of those that took it according to their feedback forms. Thank you Mrs Pemble.

### Gardening:

Some children were able to go off-site to help keep our wonderful village looking beautiful. With Mrs Peers and Mrs Miles, they looked after some of the planters in the village and learned about pruning trees. They all did a fantastic job, and hopefully will be very proud when they see the fruits of their labour around Five Oak Green. Big thanks to our fantastic gardeners.



### Decorating with Icing:

Thanks to Vicci, our children were able to learn some intricate icing skills to decorate small cakes. There was a huge range of holly, snowmen, sparkles and all things Christmassy. The cakes produced were fantastic and I'm sure they were thoroughly enjoyed when they took them home.

## Pilot school

Some of our children chose to learn about the skills needed to be a pilot. Mr Haffenden talked to them about the way a plane flies and things that a pilot needs to know. So many of our children were inspired as they flew their own small aeroplane, discovering more about wind currents and flight paths. Thank you so much to Mr Haffenden for giving up his time and sharing his expertise .



## Smoothie Dudes

Fresh and healthy was the order of the day for our smoothie makers. They were given the opportunity to design their own flavours by mixing frozen fruits to create the perfect combination. The children thoroughly enjoyed it, and I heard about some fantastic concoctions that they were then inspired to try at home. Thank you so much Mrs Gandon.

## Musical Theatre

What an exciting trip through musical theatre this workshop gave. The children were taught a routine, some songs from musicals and then put them together for a brilliant flourish at the end. The children were beaming as they perfected their dance routines, and I'm sure I spotted some future talent in there! Big thanks to Mr Gibb from dynamic dance. <https://www.dynamic-dance.co.uk/>



Some children and parents were kind enough to let me know what they thought of their day—here are a few examples.

I wish it lasted longer

I am super proud of my decoration, so is my Mum

I enjoyed photography the most.



She came home smiling and talking lots about the day—a massive dinner table talk



Great opportunities to learn different skills.



I enjoyed the knitting the most.

Thank you so much to all our volunteers who gave up so much of their time for us. Thank you to the children who were amazing, both in their effort and in the way they looked after each other. It was such a fantastic day and I hope it has really inspired our children to pursue new hobbies or consider new ideas for their future.